

**FACTOR DE IMPACTO 2026 DE LAS REVISTAS INDEXADAS
EN EL JOURNAL CITATION REPORTS**

**CATEGORÍA : NUTRICIÓN CLÍNICA Y BÁSICA, LÍPIDOS,
OBESIDAD Y DIETÉTICA**

Son 113 Revistas con Factor de Impacto ≥ 0.1

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Responsable de Formación Continuada de la SAEDYN



Nombre Revista	Factor de Impacto	Quartil	Total Citaciones
Progress in Lipid Research	18.1	Q1	8,950
Current Obesity Reports	17.0	Q1	5,700
Annual Review of Nutrition	13.3	Q1	6,882
Advances in Nutrition	12.7	Q1	18,290
Critical Reviews in Food Science and Nutrition	10.6	Q1	56,393
Food Chemistry	10.4	Q1	289,311
Hepatobiliary Surgery and Nutrition	8,1	Q1	2,755
Current Nutrition Reports	8.0	Q1	3,439
Clinical Nutrition	7.9	Q1	30,445
Nutrition Research Reviews	7.5	Q1	4,011
Food Science and Human Wellness	7.3	Q1	7,986
American Journal of Clinical Nutrition	7.1	Q1	55,209
International Journal of Behavioral Nutrition and Physical Activity	7.1	Q1	18,657
Atherosclerosis	7.1	Q1	25,027
Proceedings of The Nutrition Society	7.1	Q1	8,428
Lipids in Health and Disease	6.9	Q1	14,903
Food Policy	6.8	Q1	13,083
Food Reviews International	6.8	Q1	9,464
Current Atherosclerosis Reports	6.6	Q1	5,434
Nutrition Reviews	6.3	Q1	14,072
Nutrients	5.8	Q1	207,048
Nutrition & Diabetes	5.7	Q1	2,991
Journal of Eating Disorders	5.7	Q1	6,157
Nutrition Journal	5.7	Q2	8,424
Frontiers in Nutrition	5.5	Q1	56,304
International Journal of Obesity	5.4	Q1	21,811
Journal of Nutritional Biochemistry	5.4	Q1	14,951

Journal of the Academy of Nutrition and Dietetics	5.2	Q1	8,908
Journal of Nutrition Health & Aging	5.0	Q1	11,325
Journal of the International Society of Sports Nutrition	4.9	Q1	4,167
Obesity	4.9	Q1	21,567
International Journal of Eating Disorders	4.7	Q2	14,790
European Journal Of Nutrition	4.5	Q2	14,395
Food & Nutrition Research	4.5	Q2	3,538
Molecular Nutrition & Food Research	4.5	Q2	18,216
Appetite	4.2	Q2	28,139
Journal of Nutrition	4.2	Q2	38,538
Current Developments in Nutrition	4.2	Q2	4,482
Obesity Facts	4.1	Q2	3,878
Journal of Renal Nutrition	4.0	Q2	3,475
Journal of Nutrition and Metabolism	4,0	Q2	2,216
Nutrition Metabolism and Cardiovascular Diseases	3.9	Q2	10,940
Journal of Functional Foods	3.9	Q2	27,642
Nutrition & Metabolism	3.9	Q2	5,966
Current Opinion in Clinical Nutrition and Metabolic Care	3.8	Q2	6,003
NFS (Nutrition and Food Science) Journal	3.7	Q2	1,014
International Journal of Food Sciences and Nutrition	3.7	Q2	6,236
Plant Foods for Human Nutrition	3.6	Q2	5,433
Nutrition	3.6	Q2	15,713
Nutrition Research	3.6	Q2	7,043
Nutrition Bulletin	3.6	Q2	1,860
Beneficial Microbes	3.5	Q2	3,241
Nutrition & Dietetics	3.4	Q2	1,856
Clinical Nutrition ESPEN	3.4	Q2	7,403
Atherosclerosis Plus	3.4	Q2	274
Journal of Parenteral And Enteral Nutrition	3.3	Q2	8,423
Journal of the American Nutrition Association	3.3	Q2	933
International Journal of Food Science	3.3	Q2	3,127
European Journal of Clinical Nutrition	3.2	Q2	15,2624
Journal of Pediatric Gastroenterology And Nutrition	3.1	Q2	14,403
Nutritional Neuroscience	3.1	Q2	4,683
British Journal of Nutrition	3.1	Q2	28,393
Journal of Dietary Supplements	3.1	Q2	1,463
Public Health Nutrition	3.0	Q3	21,058

International Journal for Vitamin And Nutrition Research	3.0	Q3	1,752
Journal of Nutrition Education and Behavior	2.9	Q3	4,625
PharmaNutrition	2.9	Q3	897
Genes and Nutrition	2.8	Q3	1,808
Preventive Nutrition and Food Science	2.8	Q3	1,671
Human Nutrition & Metabolism	2.7	Q3	500
BMC Nutrition	2.7	Q3	2,801
Nutrition and Cancer-An International Journal	2.7	Q3	7,362
Nutrition in Clinical Practice	2.7	Q3	5,338
BMJ Nutrition, Prevention & Health	2.6	Q3	890
Maternal and Child Nutrition	2.5	Q3	6,362
International Journal of Sport Nutrition And Exercise Metabolism	2.5	Q3	3,770
Applied Physiology Nutrition and Metabolism	2.4	Q3	8,277
Obesity Research & Clinical Practice	2.4	Q3	2,363
European Journal of Lipid Science and Technology	2.4	Q3	6,308
Journal of Human Nutrition and Dietetics	2.3	Q3	4,802
Lifestyle Genomics	2.3	Q3	198
Journal of Nutritional Science	2.3	Q3	2,837
Nutrition and Metabolic Insights	2.3	Q3	549
Food And Nutrition Bulletin	2.3	Q3	3,232
Bioscience of Microbiota Food and Health	2.1	Q3	896
Annals of Nutrition and Metabolics	2.1	Q3	4,898
Nutrition Research and Practice	2.1	Q3	2,192
Journal of Clinical Biochemistry and Nutrition	1.9	Q3	2,805
Endocrinologia Diabetes y Nutricion	1.9	Q3	1,063
Journal of Medicinal Food	1.8	Q4	6,211
Dietetics	1.8	Q4	191
Acta Alimentaria	1.8	Q4	1,027
Mediterranean Journal of Nutrition and Metabolism	1.7	Q4	457
Nutrition and Dietary Supplements	1.7	Q4	216
Lipids	1.6	Q4	4,996
Asia Pacific Journal of Clinical Nutrition	1.6	Q4	3,555
Obesities	1.6	Q4	232
Ecology of Food and Nutrition	1.5	Q4	1,220
Nutrire	1.5	Q4	403
Nutrition and Health	1.4	Q4	1,141

Current Nutrition & Food Science	1.4	Q4	1.177
South African Journal of Clinical Nutrition	1-4	Q4	509
Nutricion Hospitalaria	1.3	Q4	4,335
Journal of Nutritional Science And Vitaminology	1.1	Q4	2,639
Canadian Journal of Dietetic Practice and Research	0.9	Q4	762
Ernahrungs Umschau	0.9	Q4	348
Revista de Nutricao-Brazilian Journal of Nutrition	0.7	Q4	859
Nutricion Clinica y Dietética Hospitalaria	0.6	Q4	398
Aktuelle Ernährungsmedizin	0.5	Q4	132
Revista Chilena de Nutricion	0.5	Q4	564
Nutrition Clinique et Metabolisme	0.4	Q4	161
Topics in Clinical Nutrition	0.4	Q4	281
Jurnal Gizi dan Pangan	0.4	Q4	129
Revista Española de Nutricion Humana y Dietetica	0.4	Q4	423
Cahiers de Nutrition et de Dietetique	0.3	Q4	137
Archivos Latinoamericanos de Nutricion	0.3	Q4	544
RNONE-Revista Brasileira de Obesidade Nutricao e Emagrecimento	0,1	Q4	160